

*Christine Randall*

Coaching and  
Consulting

## Morning Mindset

**One thing I can get excited about today is**

**One word to describe the kind of person I  
want to be today?**

**One action I could take to be exceptional  
today?**

**One thing I can do out of my comfort zone  
today, that moves me forward in my goals?**

**What is a must for me today?**